

A way forward when you don't know what to say

THE BETTER QUESTION GAME

Figure out what you don't know → That's where the useful questions live.



WHAT I KNOW

Write down at least three things you know about the situation.

For each one ask: **How do I know?** If the answer starts with "I saw...", "I heard...", "I read..." or "[Person] said to me...", put a check in the box.

☐ _____

☐ _____

☐ _____

☐ _____

If your answer is more like "I figured..." or "It was obvious...", that one belongs across the line. →



WHAT I INFER

Write down what you don't actually know: intent, reasons, feelings, possible context.

Include anything you're **pretty sure** about but couldn't really know without asking.

★ _____

★ _____

★ _____

★ _____

★★★ Earn 3 stars and you're ready to turn an unknown into a question. ↙

1

WONDER

Which unknown would help you decide what to do next?

I wonder how they felt

2

BUILD

Turn your wondering into an open question.

How and **What** are good places to start.

How did you feel?

3

TEST

Does your question contain something from your INFER column as though it's true?

If so, open it back up.

Were you angry? → How did you feel?

THE QUESTION I'M GOING TO ASK